



Foodbank Support for those in work

Low income, plus unexpected expenses, debts, sickness, changes of circumstances or furlough can lead to food poverty even if you are in work

The Foodbank is here to help

To access a referral, speak to Citizens Advice confidentially
Monday to Friday 10am to 4pm - 0808 2082138

Once you have been referred you can collect your food parcel from one of our outlets,
or our Social Justice Hub by appointment. Please call 0117 923 5343
Saturday mornings will also be an option for collection if you work during the week

Our foodbank parcels can include:

- Non-perishable food
- Frozen and chilled food
- Dog or cat food
- Toiletries and sanitary products
- Nappies and baby milk
- Household cleaning items

Appointments with one of our Advice Workers are also available
if you need further support please email advice@bristolnwfoodbank.org.uk



0117 9235343

www.bristolnorthwestfoodbank.org.uk
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Registered Charity in England & Wales (1147727)
Registered Limited Company Number (8089474)

